Word origin:

Q: Why is "helium" called helium? When and where was it first detected?

A: From Wikipedia/helium:

Helium is named for the Greek God of the Sun, Helios. It was first detected as an unknown yellow spectral line signature in sunlight during a solar eclipse in 1868 by French astronomer Jules Janssen. Janssen is jointly credited with detecting the element along with Norman Lockyer. Jannsen observed during the solar eclipse of 1868 while Lockyer observed from Britain. Lockyer was the first to propose that the line was due to a new element, which he named. The formal discovery of the element was made in 1895 by two Swedish chemists, Per Teodor Cleve and Nils Abraham Langlet, who found helium emanating from the uranium ore cleveite. In 1903, large reserves of helium were found in natural gas fields in parts of the United States, which is by far the largest supplier of the gas today.

Q: Why is "titanium" called titanium? When and where was it first detected?

A: From Wikipedia/titanium:

Titanium was discovered in Cornwall, Great Britain, by William Gregor in 1791 and named by Martin Heinrich Klaproth for the Titans of Greek mythology.

From Wikipedia/Titan:

In Greek mythology, the Titans (Greek: $Tit \dot{\alpha}v$ —Ti-tan; plural: $Tit \tilde{\alpha}v\varepsilon\varsigma$ —Ti-tânes) were a primeval race of powerful deities, descendants of Gaia (Earth) and Uranus (Sky), that ruled during the legendary Golden Age. They were immortal beings of incredible strength and stamina and were also the first pantheon of Greek gods and goddesses.